

**January 2011**

**Valley View Health Center's  
list of services includes:**

- Routine preventative Medical and Dental care
- Primary Medical and Dental care for all ages
- Well-Child exams
- **Well-Woman exams**  
    \*see reverse side for important information
- HIV testing
- Diabetic management
- Emergency Room and hospital follow-up care
- DOT and Sports physicals, DSHS evaluations
- Behavioral Health care
- On-Call Provider
- Medication assistance program
- Emergency Dental care services
- Sliding fee scale based on family size and income
- DSHS case worker on-site at our Chehalis center
- Bilingual staff at all clinics
- Early Learning and Literacy Corner for children and adults

\*All Valley View patients can take home a free book!



**Medical Walk-In**

**1800 Cooks Hill Road, Suite F  
736-3042**

**Hours: Noon - 10:00 p.m.  
7 days a week - closed holidays**  
No appointment necessary

**Other Valley View Health  
Center Locations:**

**2690 NE Kresky, Chehalis  
(360) 330-9595**  
Medical, Dental and Mental Health

**Morton Dental  
(360) 496-5101**

**Onalaska (360) 978-6600**  
Medical

**Raymond (Pacific County)  
(360) 942-3040**  
Medical and Dental

**Toledo (360) 864-4400**  
Medical

**Winlock (360) 785-9400**  
Medical

[www.vvhc.org](http://www.vvhc.org)

**Next Month:**

**February is National Dental  
Health Month!**

Valley View Health Center dental teams will be visiting Lewis County schools providing dental screenings and informational meetings.

Watch your email box and  
[http://www.vvhc.org/  
MonthlyAwareness.html](http://www.vvhc.org/MonthlyAwareness.html)  
on our website for more  
information!

To subscribe to our email list or if  
you have questions please contact  
[rbryan@vvhc.org](mailto:rbryan@vvhc.org).

**Valley View Health Center**  
**Celebrates Women's Health Week**  
**May 8–14, 2011**

Call your nearest Valley View Health Center Medical Clinics to talk to a professional about your health care and to schedule an appointment for your check-up!

<b>Chehalis</b>	<b>2690 NE Kresky Ave.</b>	<b>360-330-9595</b>
<b>Onalaska Clinic</b>	<b>1810 Hwy. 508</b>	<b>360-978-6600</b>
<b>Raymond</b>	<b>300 Ocean Avenue</b>	<b>360-942-3040</b>
<b>Toledo Clinic</b>	<b>401 Cowlitz St.</b>	<b>360-864-4400</b>
<b>Winlock Clinic</b>	<b>615 Cemetery Road</b>	<b>360-785-9400</b>

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**What is National Women's Health Week?**

A nationwide effort, coordinated by the U.S. Department of Health and Human Services' Office on Women's Health, that:

Encourages women to visit health care professionals to receive or schedule a checkup and promotes regular checkups as vital to the early detection of heart disease, diabetes, cancer, mental health illnesses, sexually transmitted infections, and other conditions.

Screening tests, such as mammograms and pap tests, can find diseases early, when they are easier to treat. Some women need certain screening tests earlier, or more often, than others.

Screenings and routine care can help lower their risks of many health conditions, including heart disease.

Call one of our medical clinics today or your current providers office to schedule a checkup and screening services

Discuss which of the tests are right for you, when you should have them, and how often.

For more information please visit [womenshealth.gov](http://womenshealth.gov)  
Or call 1-800-994-9662 TDD: 1-888-220 5446

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VVHC welcomes Medicare, Medicaid, the uninsured, underinsured and low-income individuals and families. Most insurances are accepted. A sliding fee scale program also available.

**See reverse side for a complete list of all Valley View Center locations**  
**Medical Walk-In open 7 days a week at 1800 Cooks Hill Road, Suite F, Centralia**

*Bilingual Services available at all clinics*

[www.vvhc.org](http://www.vvhc.org)